



Every Person, Every Day!

To protect children from exposure to violence, I promise to...

1. Notice when parents need help and offer it.
2. Notice when children need help and provide it.
3. Introduce myself to, or reconnect with, my neighbors.
4. Protect young children from scary or violent movies or music.
5. Protect children from violent events.
6. Let children see me solve problems calmly and without violence.
7. Encourage children to express their feelings.
8. Support rules and efforts that keep children safe.
9. Encourage my elected officials to support local violence prevention.
10. Build my violence prevention skills; find websites and programs.
11. Seek help when I need it.
12. Encourage someone else to make the same promises.

Email: ovp_dir@cdph.org
to register your promise.

Share
your
Promises
with us!



Heartland Human Care Services, Inc.

**Chicago Dept. of Public Health
Office of Violence Prevention**
chicagosafestart.net | 312-745-0381

Metropolitan Family Services
150 years of amazing strength



Contact the Chicago Safe Start partners for information about services and programs for young children impacted by violence.

Casa Central • Serving Chicago's west side • 773-645-2417 • www.casacentral.org

Family Focus • Serving Chicago's south side • 773-962-0366 • www.family-focus.org

Heartland Human Care Services • Serving Chicago's north side • 773-728-5960 • www.heartlandalliance.org

Metropolitan Family Services • Serving Chicago's far south side • 773-371-3686 • www.metrofamily.org